

THE UPLIFTED WOMAN PRAYER CONCLAVE

*a ministry of the Thanksgiving Place Chapel
and Ministries Incorporated*

Prayers for the *Uplifted Woman* of Our Time

A PRAYER MANUAL FOR
PURPOSE, HEALING, INFLUENCE
AND LEGACY

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• OUR ANCHOR •

*“The prayer of the uplifted woman is ultimately a prayer that
Christ will be formed in her.”*

BEFORE YOU BEGIN

What we mean by *uplifted*

The uplifted woman is not simply a woman who has risen in status, acquired possessions, gained visibility or achieved professional success.

In the economy of the Kingdom, true elevation is measured by conformity to Christ, faithfulness to God, stewardship of grace, service to humanity and the capacity to become a blessing to others.

WE PRAY NOT MERELY...

...that women will go higher, but that they will become *deeper*.

...that doors will open, but that they will possess the wisdom to walk through the *right* doors.

...that they will be celebrated, but that they will remain faithful when *nobody* is *watching*.

...that they will have influence, but that their influence will be governed by truth, character, humility and *love*.

HOW TO USE THIS MANUAL

O1

Read the burden

Settle what you are praying for, and what you are praying against.

O2

Stand on the scriptures

Read each passage aloud before you pray. Let the text set the tone.

O3

Pray the prayer

Line by line, in your own voice. Pause where a line meets your life.

THE THREE PRAYERS

ONE	Purpose — its discovery and fulfilment	03
TWO	Stewardship — developing and releasing her gifts	06
THREE	Healing — the heart, the mind, the wounded places	09

PRAYER ONE • PURPOSE

Prayer for the Discovery and *Fulfilment of Purpose*

PRAYER BURDEN

That every woman will understand that her existence is intentional, her life has divine value, and her gifts are not accidental.

WE PRAY AGAINST

Wasted years, misplaced identity, destructive comparison, fear, distraction and living beneath God's intention.

SCRIPTURAL FOUNDATIONS**GENESIS 1:27**

NLT

“So God created human beings in his own image.”

This truth establishes the foundation of female dignity. A woman does not derive her ultimate worth from beauty, marriage, motherhood, career, wealth, social status or public recognition. Her deepest identity begins with the fact that she has been created in the image of God.

PSALM 139:13–16

NLT

David celebrates the God who formed him in his mother's womb and knew him before his life was visible to others. The passage teaches that God is intimately acquainted with the formation and development of human life.

JEREMIAH 1:5

NLT

“I knew you before I formed you in your mother's womb.”

The immediate context concerns Jeremiah's prophetic calling, so we should not misuse this verse to suggest that every individual has Jeremiah's specific prophetic assignment. However, it reveals something profoundly important about God's sovereign knowledge and calling.

The Prophetic Prayer

*Father, in the name of Jesus Christ, we bring every
woman before You.*

WE DECLARE

Her existence is not meaningless.

She is not an accident of history.

She is not merely the product of circumstances.

She is not defined by the labels people have placed upon her.

She is not the sum of her failures.

She is not the prisoner of her past.

She is not disqualified because somebody rejected her.

She is not diminished because somebody else succeeded before her.

Dear heavenly Father, reveal Yourself to her in such a way that she begins to see herself through Your truth rather than through the distorted mirrors of society.

WHERE... THERE

Where rejection has rewritten her identity, **restore her understanding.**

Where failure has convinced her that her life is finished, **remind her that failure is an event, not her identity.**

Where comparison has stolen her joy, **deliver her.**

Where she has spent years trying to become another woman, **bring her back to the woman You created her to become in Christ.**

WHERE... THERE (continued)

Where she has confused occupation with purpose, **bring clarity.**

Where she has confused visibility with significance, **give her wisdom.**

Where she has mistaken applause for approval, **teach her to seek first Your approval.**

LORD, WE ASK

Redeem wasted years.

Restore lost confidence.

Awaken forgotten dreams where those dreams are consistent with Your will.

Give her courage to begin again.

Let her not spend her life polishing an image while neglecting her soul.

May she discover not merely what she can do, but who she is becoming in Christ.

And Father, may she not die with everything You entrusted to her still buried within her.

Let her purpose become service.

Let her gifts become instruments of blessing.

Let her life become evidence that Your grace was not wasted upon her.

IN JESUS' NAME, AMEN.

PRAYER TWO • STEWARDSHIP

Prayer for the Development, Stewardship and *Release of Her Gifts*

PRAYER BURDEN

Discovery is only the beginning. A woman may possess extraordinary potential and still remain ineffective if she refuses discipline, learning, correction and faithful stewardship.

Grace gives the gift, but stewardship develops it.

SCRIPTURAL FOUNDATIONS**ROMANS 12:6-8**

NLT

Paul teaches that God gives believers different gifts according to His grace and calls each person to exercise those gifts faithfully.

1 TIMOTHY 4:14-16

NLT

“Do not neglect the spiritual gift you received through the prophecy spoken over you.”

Paul then instructs Timothy to devote himself to developing what God has entrusted to him.

2 TIMOTHY 1:6-7

NLT

“This is why I remind you to fan into flames the spiritual gift God gave you.”

The emphasis is not merely on possessing a gift, but on cultivating and exercising it.

The Prophetic Prayer

*Father, in the name of Jesus Christ, awaken every
legitimate gift You have placed within Your daughters.*

WHERE... THERE

Where there is dormant potential, **awaken it.**

Where there is fear, **strengthen her.**

Where there is insecurity, **establish her.**

Where ignorance has limited her, **give her teachers.**

Where lack of discipline has delayed her, **give her structure.**

Where she has refused correction, **give her humility.**

Where she has become discouraged because somebody else appears to be ahead, **teach her patience.**

DELIVER HER FROM THE COMPARISON TRAP

Teach her that another woman's success is not evidence of her own failure.

Another woman's platform does not cancel her assignment.

Another woman's beauty does not diminish hers.

Another woman's intelligence does not make her less capable.

Another woman's opportunity does not mean that God has forgotten her.

Father, teach her to steward what she has before demanding what she does not yet have.

GIVE HER

The discipline to study.

The courage to practise.

Humility to learn.

Wisdom to receive correction.

Patience to develop.

Discernment to recognise opportunities.

And when the opportunity comes, may preparation meet opportunity.

May competence meet responsibility.

May character sustain influence.

May excellence become an expression of worship.

Lord, never allow her gift to become greater than her character.

Do not allow her platform to become higher than her spiritual maturity.

Do not allow her influence to become greater than her capacity to carry it responsibly.

May her gift make room for service rather than merely attention.

And when people celebrate what she can do, may she remember the One who gave her the ability to do it.

IN JESUS' NAME, AMEN.

PRAYER THREE • HEALING

Prayer for Healing of the Heart, Mind and *Wounded Places*

PRAYER BURDEN

The uplifted woman is not merely a woman who rises publicly. She is a woman whom Christ is restoring inwardly.

Public success cannot substitute for private wholeness.

We therefore refuse the simplistic idea that every wound disappears instantly because somebody prayed. Scripture teaches us that God is near to the broken-hearted, that His grace sustains us in weakness, and that healing can involve a process of restoration.

SCRIPTURAL FOUNDATIONS

PSALM 34:17-18
NLT

“The Lord is close to the brokenhearted; he rescues those whose spirits are crushed.”

ISAIAH 61:1-3
NLT

This passage announces the ministry of God’s Anointed One to the broken-hearted, the captives, the mourners and those who have experienced devastation. Jesus later applies the Isaianic ministry to His own mission in Luke 4.

PSALM 147:3
NLT

“He heals the brokenhearted and bandages their wounds.”

2 CORINTHIANS 12:9
NLT

“My grace is all you need. My power works best in weakness.”

The Prophetic Prayer

Father, visit the places nobody sees.

VISIT THE WOMAN...

...who smiles publicly but cries privately.
...who has learned how to function while carrying pain.
...who has become strong because she had no choice.
...whose disappointment never received an explanation.
...who was betrayed by someone she trusted.
...who was rejected by someone whose acceptance mattered to her.
...wounded by words spoken over her in childhood.
...who has been abused, neglected, humiliated or dishonoured.
...grieving what she thought her life would become.

BRING YOUR HEALING PRESENCE

Where shame has taken root, speak grace.
Where bitterness has grown, bring freedom.
Where fear has become a controlling voice, establish peace.
Where memories still hurt, give her the grace to process them wisely.
Where she needs forgiveness, empower her to forgive without pretending that the offence did not matter.
Where reconciliation is appropriate, give wisdom.
Where boundaries are necessary, give courage.
Where professional, pastoral or trusted relational support is needed, give her humility to seek it.

Deliver her from the belief that being strong means never admitting that she is hurting.

TEACH HER

That tears are not always weakness.

That seeking help is not failure.

That forgiveness does not require the removal of every healthy boundary.

That grace does not mean tolerating abuse.

LORD JESUS, RESTORE

Restore her capacity to love without surrendering discernment.

Restore her capacity to trust without becoming naïve.

Restore her joy without requiring her to deny what she has experienced.

Let the wound cease to control her future.

Let her testimony become evidence of Your sustaining grace.

And where her scars remain, let them remind her that You carried her through what should have destroyed her.

IN JESUS' NAME, AMEN.

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